



WORKPLACE SAFETY

27%

OF WORKPLACE INJURIES ARE FROM FALLS, SLIPS, AND TRIPS

35%

OF WORKPLACE INJURIES ARE THE RESULT OF OVEREXERTION

WORKERS BETWEEN THE AGES OF 45 AND 54 SUFFERED THE MOST WORKPLACE INJURIES



40,000

COST TO EMPLOYERS PER ACCIDENT



PREVENTING INJURIES

- ✓ KEEP WORK SPACES CLEAN AND UNCLUTTERED TO PREVENT FALLS
- ✓ STRETCH REGULARLY AND ALWAYS LIFT WITH YOUR LEGS, NOT YOUR BACK
- ✓ ALWAYS WEAR YOUR PROTECTIVE GEAR



Ability Rehabilitation

#WORKPLACESAFETYTIPS

SOURCE: BUREAU OF LABOR STATISTICS